

BOOK CLUB

Expand your horizons with ...

Words Holly Cunneen

HEALTHY PLANET, HEALTHY PEOPLE, HEALTHY HOME

HELEN EDWARDS | SELF-PUBLISHED | \$50
 Creating with purpose rather than for design's sake is the underlying message of Helen Edwards' latest venture, *Healthy Planet, Healthy People, Healthy Home*. She divides the book into three sections: Design, Build, Decorate; Grow, Cook, Eat; and Make, Create, Do It Yourself. The pages are full of projects, pearls of wisdom, case studies and contributions from industry experts, including our own Editor-in-Chief Kate St James. From crocheting coasters and growing your own produce to keeping bees and renovating sustainably, Helen teaches us how to craft with care.



THE MONOCLE TRAVEL GUIDE SERIES

PUBLISHED BY GESTALTEN
 DISTRIBUTED IN AUSTRALIA BY BOOKS AT MANIC | \$31.95

With Monocle's reputation in recognising and relaying the best in global design, architecture, food and fashion, *The Monocle Travel Guide Series* doesn't disappoint. Thirteen books comprise the collection, but we had a closer look at the Sydney and Paris editions. Dedicated chapters on culture, design and architecture, walks and essays speak to myriad predilections. Whether you're a local seeking an outsider's appreciation or you're dreaming of an international escape, fall in love with a fresh perspective.



HOMESPACE

DARREN PALMER | MURDOCH BOOKS | \$40
 "Changing the space you have into the home you love" is the subtitle of Darren Palmer's new book *HomeSpace*, and you'd be hard pressed to sum it up any better. He neatly organises key design principles that we can all follow — regardless of lifestyle or budget — to create the space we've always wanted. More than 200 pages are chock-a-block with Darren's expert styling captured by Felix Forrester's stunning photography. This coffee table book is definitely a keeper.



SMALL SPACE BIG HARVEST

EDITED BY JENNIFER WILKINSON | DK BOOKS | \$35
 There are no surprises when it comes to *Small Space Big Harvest* — you get exactly what the name suggests. And that's how to grow your own produce regardless of the space, sun and irrigation you have to work with. It is presented neatly in an easy-to-read layout, so you can expect to be informed, not overloaded. Once you're prepped, fun DIY projects follow, including hanging baskets from old colanders, balcony saddlebags, oil drum planters, pallet planters and makeshift trellises in all shapes and sizes. Get ready for your newest hobby.